**LOK MAHAVIDYALAYA, WARDHA**

**Department of Home Economics**

**P.S.O. 1)** The students show their competence and skills in family resource management, food, nutrition and dietetics, child development etc.

**P.S.O. 2)** Can appear for the programmes like M.A. Home Economics, Diploma in Fashion Designing and Research Diploma in Food Nutrition and Dietetics.

**P.S.O. 3)** The students can seek employment in areas like food, nutrition and catering, textile and designing, interior planning, design and decorating, family interaction, consumer behaviour and promotion of products, teaching and training.

**P.S.O. 4)** The students demonstrate their abilities in counselling in the areas like family resource management, nutrition and dietetics, home decoration, child development, etc.

**P.S.O. 5)** The students will be able to recognise and articulate the contribution of their abilities in Human and National Development.

**B.A.I**  **HOME ECONOMICS – Semester I**

**Course: Family Resource Management**

**COURSE OUTCOME**- On the completion of the course, the students will be able to:

C.O. 1) Understand the importance of food and nutrition, clothing, family budget and decoration in family resource management.

C.O. 2) Demonstrate their skills and competence through practical, experiments and daily activities.

C.O. 3) Apply the methods and ways to improve the utility of family resources.

C.O. 4) Develop the ability to utilize the waste material for making articles.

**B.A.I**  **HOME ECONOMICS – Semester II**

**Course: Family Resource Management**

**COURSE OUTCOME**- On the completion of the course, the students will be able to:

C.O. 1) Understand the requirements for registration, training, equipments and

resources for self- employment.

C.O. 2) Demonstrate their competencies in family needs, work techniques, colour

selection and application through exhibitions.

C.O. 3) Show awareness in consumer rights and their responsibilities.

C.O. 4) Use their skills in furniture arrangement through field visit and report writing.

**B.A.II**  **HOME ECONOMICS – Semester III**

**Course: Nutrition and Dietetics**

**COURSE OUTCOME**- On the completion of the course, the students will be able to:

C.O. 1) Understand the concept of adequate diet, functions of food and nutrients and

their requirements.

C.O. 2) Demonstrate competence and skills in composition of nutritional contribution

and selection of different food stuff.

C.O. 3) Prepare recipes, calculate calories and prepare protein dishes.

C.O. 4) Show awareness of role of dietetics, nutrition, vitamins and their sources,

Cooking methods through the celebration of Nutrition Week/ World Food Day Etc.

**B.A.II**  **HOME ECONOMICS – Semester IV**

**Course: Nutrition and Dietetics**

**COURSE OUTCOME**- On the completion of the course, the students will be able to:

C.O. 1) Know the balanced diet.

C.O. 2) Understand the nutrition management in common diseases.

C.O. 3) Apply their skills in food preservation and food quality improvement

through report writing.

C.O. 4) Develop the marketing skills for food products.

**B.A.III**  **HOME ECONOMICS – Semester V**

**Course: Child Development**

**COURSE OUTCOME**- On the completion of the course, the Students will be able to:

C.O. 1) Understand the biological and physiological development of child.

C.O. 2) Demonstrate awareness in sequential stages of child development.

C.O. 3) Apply their skills in immunization & feeding of the child.

C.O. 4) Solve the behavioural problems of child.

**B.A.III**  **HOME ECONOMICS – Semester VI**

**Course: Child Development**

**COURSE OUTCOME**- On the completion of the course, the students will be able to:

C.O. 1) Understand the physical, emotional, speech, moral, intellectual and

social development of child.

C.O. 2) Demonstrate awareness of various stages in child development.

C.O. 3) Understand and measure the intelligence and IQ.

C.O. 4) Develop their insights in parent-child relationship, needs and

objectives of discipline and role of Mahila Evam Balkalyan Vibhag,

ICDS, UNICEF, NGO’s etc in the field of child development.